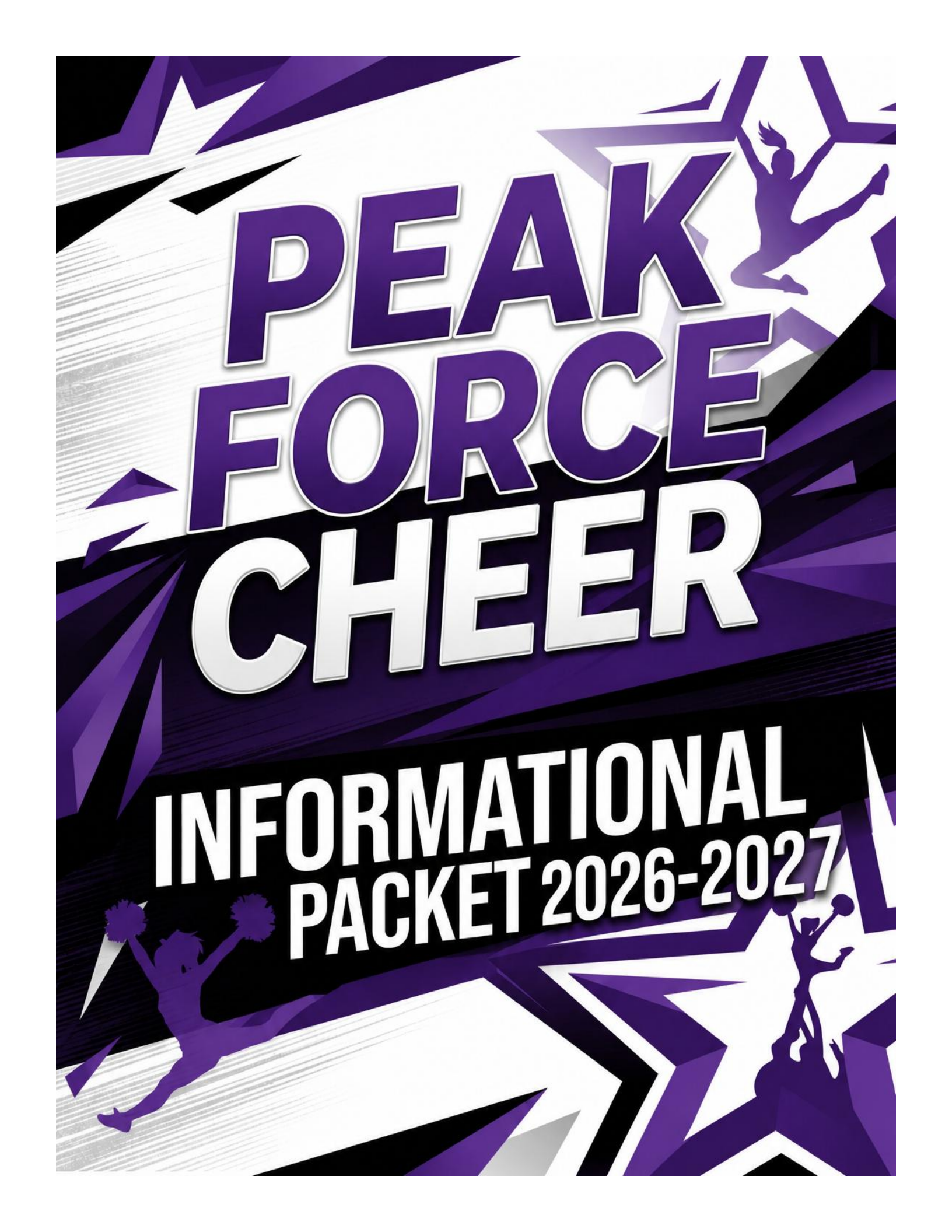




PEAK FORCE CHEER

INFORMATIONAL
PACKET 2026-2027

About Peak Force Cheer

We are super excited you have joined Peak Force Cheer *o/*

Our teams are competitive youth cheer teams consisting of athletes aged 5-12. The focus is teaching basic cheerleading skills (conditioning, motions, jumps, dance, tumbling and stunting). While working on skills, the athletes will learn a choreographed 2 minute and 30 second routine.

This program is a great introduction to the competitive cheer world while focusing on skill development and performance confidence.

Peak Force Cheer strives to develop each athlete's ability while having Fun!

We are thrilled to have you as part of the Peak Force Cheer family! This program is built on dedication, passion, and the relentless pursuit of excellence. Whether you're stepping onto the mat for the first time or returning for another season, know that you are part of something bigger - a team that stands together, works together, and battles as one. **We are FORCE** *o/*

How Long is the Season?

The season runs October 2026 - March 2027

Performances/Competitions are from January - March



Financial Obligations

\$40 per athlete for registration fee. This includes a hairbow to be worn for competitions.

\$115 per uniform (top and bottom) We have a BOW Sponsorship for those that would like to use it to raise funds for their uniform. Peak Force sizes each cheerleader and then orders the uniforms.

\$55 per pair of black sneakers. Peak Force measures the athletes and then orders the sneakers.

\$8-10 per admission per adult for Competitions. Host Schools take CASH only!

Occasionally Tumbling Classes and Private Clinics are available for the Peak Force Athletes. The cost varies from \$5.00 per hour to \$25.00 per Clinic.

Fundraising Obligations

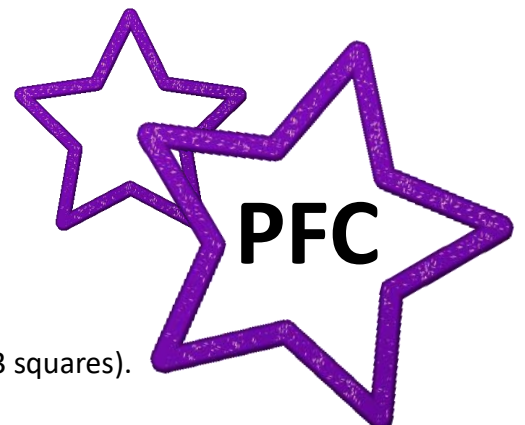
ALL athletes MUST participate in Fundraising!

We have only a few annual fundraisers.

Calendar (month of November with prizes awarded in December)

Bake Sale (12/05/26 at Walmart, parent volunteers needed)

Super Bowl Football Pool (Sell Squares in January, each athlete must sell 3 squares).



ATTENDANCE for our Teams is MANDATORY:

Attendance is crucial to team success. If an absence is unexpected, the head coach must be notified by email or phone call prior to the practice time. Excessive absences, both excused and unexcused, could lead to removal from a competition or from the team at the discretion of the Head Coach and Program Director. Maximum of THREE absences are allowed during the season from October through March. You cannot miss a practice the week of an event/competition.

Peak Force athletes should arrive to practice 15 minutes prior to their scheduled time. If a team member needs to leave practice early, you must ask your team's head coach before the scheduled practice. There may be times that this request will be denied if the coach needs to keep all team members present.

Tardies: DON'T BE LATE, please!

We will be scheduling several extra practices before each competition, and you will have ample time to mark your calendars. We will be creating a NEW Team calendar to verify and update all scheduled Peak Force Cheer events. Please visit the team calendar for any updates and schedule changes. PeakForceCheer.com or Team Teach App.

Competitions

Each team will have several competitions they will be attending. A tentative schedule will be handed out, but please note that it could change due to the host and venue.

If your athlete is absent from a competition, it could result in removal from the team. PLEASE note that when absences occur, it creates much stress for the athletes. They are not experienced enough to make changes to a routine in 10 minutes.

Communication

We do our best to communicate with all parents. It is the responsibility of the parents to know the practice times and competition schedule, along with fundraisers and other Peak Force events and activities.

If a parent/caregiver has a question, please reach out to your Head Coach. We will provide that information on the Parent Portal on www.PeakForceCheer.com. Head Coaches are not always available before/after practice to chat, so please make sure to message them.

We will be using Parent Portal and Team Rach App only for all communication. It is the responsibility of the parents to check both platforms regularly for communication.

If a head Coach decides to use another method, then that is their responsibility.

You will meet the coaches and receive contact information at the Parent Meeting.



Mandatory Parent Meetings

*****The Parent Meetings are Mandatory** for your child to participate in Peak Force. We will go over the Team Calendar for the entire season including practice days and times, competitions, and other important dates. We will discuss all the important details and answer any questions you might have regarding Peak Force Cheer.

Meeting Dates for each Peak Force Team:

6U – Sunnies Team

Sunday, October 25th at 12:00pm in the Armory Gymnasium

8U – Hurricanes Team

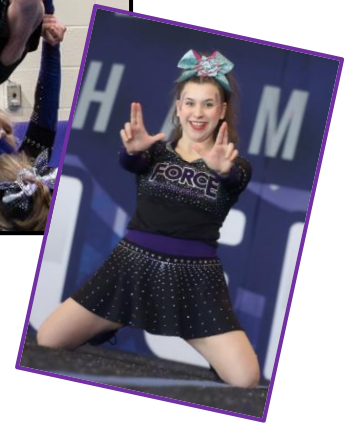
Sunday, October 18th at 12:45pm in the Armory Gymnasium

10U – Rockys Team

Sunday, October 11th at 12:45pm in the Armory Gymnasium

12U – WolfJaw Team

To Be Announced



*****Uniform and Sneaker sizing will take place immediately after the Parent Meeting.***

Tentative Competition Schedule

(*Coaches will choose which events to attend)

(Parents please make sure you mark your calendars to keep all of these open until final schedule)

Peak Force Showcase – Sunday, January 10, 2027

*Competition in Vermont – Middle of January

*Saranac – On a Sunday in January

*Ballston Spa – Saturday, January 23, 2027

*Saratoga – Saturday, January 30, 2027

*Columbia High School – Saturday, February 6, 2027

*Broadalbin-Perth – Sunday, February 14, 2027

Peak Force Cheer Competition – Saturday, March 13, 2027 (Parents and cheerleaders will be assisting with this competition. All Peak Force Teams will Showcase their routines)

Alumni Tournament – Saturday, March 20, 2027 (all teams will cheer and perform their routines)



Meet the TEAMS

Developing strong athletes on and off the floor is our goal. Teamwork, leadership, perseverance, resiliency, self-confidence, communication and responsibility are all life skills our athletes develop through their participation in the Peak Force Cheer program. The Team of Coaches at Peak Force strive to create an atmosphere where athletes are welcome, safe and experience the great sport of cheer.

Peak Force Cheer 6U (Ages 5-6) – Sunnies

This program is a great introduction to the competitive cheer world while focusing on skill development and performance confidence, while bringing SUNSHINE AND having FUN!

Commitment & Practice Schedule

- Teams practice once per week for 1.5-2 hours from October 2026 to March 2027.
- Additional practices may be scheduled during competition season to ensure teams are fully prepared.
- Will perform at 1-2 competitions. All competitions will be about a 2-hour radius from Ticonderoga

Competition Format

- Competitions are 1-day events. They are morning sessions, 8:00am until 12:00pm.
- The final Schedule will be released as soon as the competitions dates are finalized by the schools.



Peak Force Cheer 8U (Ages 7-8) – Hurricanes

Weather Warning, there is a Storm in the house! This dynamic swirling team is focusing on developing the FUNdamental skills while learning new tricks to showcase during the season.

Commitment & Practice Schedule

- Teams practice twice per week for 3-4 hours from October 2026 to March 2027.
- Additional practices may be scheduled during competition season to ensure teams are fully prepared.
- Will perform at 3-4 competitions. All competitions will be about a 2-hour radius from Ticonderoga

Competition Format

- Competitions are 1-day events. They are morning sessions, 8:00am until 12:00pm.
- The final Schedule will be released as soon as the competitions dates are finalized by the schools.

Peak Force Cheer 10 (Ages 9-10) – Rockys

Rock on with this Energetic Team. Creating an atmosphere where tumbling, dancing, stunting, jumping and motion techniques are exploding at practices and on the competition floor.

Commitment & Practice Schedule

- Teams practice twice per week for 4 hours from October 2026 to March 2027.
- Additional practices may be scheduled during competition season to ensure teams are fully prepared.
- Will perform at 4-5 competitions. All competitions will be about a 2-hour radius from Ticonderoga

Competition Format

- Competitions are 1-day events. They are morning sessions, 8:00am until 12:00pm.
- The final Schedule will be released as soon as the competitions dates are finalized by the schools.



Peak Force Cheer 12U (Ages 11-12) – WolfJaw

Many of the team members have had several years of experience and learn more of a creative, innovative and challenging fashion competition routine, bringing out the claws with Sass and Style.

Commitment & Practice Schedule

- Teams practice twice per week for 4 hours from October 2026 to March 2027.
- Additional practices may be scheduled during competition season to ensure teams are fully prepared.
- Will perform at 4-5 competitions. All competitions will be about a 2-hour radius from Ticonderoga

Competition Format

- Competitions are 1-day events. They are morning sessions, 8:00am until 12:00pm.
- The final Schedule will be released as soon as the competitions dates are finalized by the schools.

