

OCTOBER

2026

NOTES

Cheer Practice Times

Choreography for 10U & 8U

**Team Practices start on
October 24th or 25th.**

**Choreography Practice is Crucial
for all Teams!**

**It is mandatory for all athletes
to attend.**

Reminders:

Hair secured up, wear t-shirt
and shorts with cheer sneakers
(if you have them) and bring
water bottle.

****Practices are at the Armory –
in the Gymnasium on Sundays.
Weekday practices are on the 3rd
floor. USE to SIDE Basement
entrance.**

**ARRIVE for Practice 15 Minutes
early!**

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7			10
11	12	13	14			17
18	19	20	21	22	23	24
25		27	28	29	30	31

10U
Choreography
1-4pm

8U
Choreography
1-4pm

6U – 12:30 – 2:00pm
8U – 2:00 – 3:30pm

10U
5 to 7pm

10U
5 to 7pm

8U
4:00-5:30

**Calendar
Fundraiser
Starts**